

RAE



ABOUT

Rae (they/she) is a dance trapeze artist and aerialist who has been performing and teaching across the U.S. since 2014. Known for a movement style that is both powerful and provocative, Rae weaves stories onstage that fill the room with depth and emotion. As an instructor, she guides students toward self-expression and affirmation through movement, helping them build meaningful connections between their bodies and the apparatus. Rae is a dedicated instructor and powerful performer who strives to contribute to the community by way of connection, creation, and collaboration.

APPARATUS

Dance Trapeze ◦ Lyra

TRAPEZE OVER COLORADO

Director and Founder

Trapeze Over Colorado is Colorado's first and only Trapeze gathering: TOC is a community building event that spans over four days, filled with workshops from high level trapeze instructors and training time to connect and explore with trapeze creatives from all over the world.

www.trapezeovercolorado.com

EDUCATION

Paper Doll Militia ◦ Trapeze Teacher Training, 2024

Spin City ◦ Lyra Teacher Training, 2020

Born to Fly ◦ Trapeze Teacher Training, 2018

Bachelor of Science in Nursing Western Governor's University, 2023

Associate of Applied Science in Nursing Dallas County Community College, 2021

MENTORS

Melissa Roberts, Niff Nicholls, April Skelton,
Katie Schmidt, Melissa Wilson, Beverly Sobelman

DANCE TRAPEZE ARTIST
MOVEMENT ARTIST
PERFORMER
CHOREOGRAPHER
INSTRUCTOR

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www.raeontrapeze.com

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EXPERIENCE

Instruction

Denver Circus Collective

February 2024 – Present

Level 1 and 2 Trapeze

Trapeze Choreography

Level 1 and 2 Lyra

Dallas Circus Center

September 2022 – December 2023

Cultivated the dance trapeze program including curriculum for intro, level 1, and level 2 dance trapeze

Traveling Workshop Hosts:

Kinetic Arts Center, BLOOM Movement Artistry, Dallas Circus Center

Performances

Denver Scratch, Denver Circus Collective, 2025

Summer Circus Celebration, Kinetic Arts Center, 2025

Gravity Aerial Arts Production COSMOS, 2025

Colorado Aerial Arts Summit, Boulder Circus Center, 2025

VIVA fest, 2025

Denver Scratch, Denver Circus Collective, 2024

Denver Circus Collective Annual Party, 2024

Advanced Showcase, Versatile Arts, 2018

Seattle Erotic Art Festival, 2018

Showcase, Versatile Arts, 2017

Seattle Erotic Art Festival Fundraiser, 2017

Showcase, Canopy Studio, 2017, 2016, 2015

Aerial Lineage

Denver Circus Collective – 2024 - present

Gravity Aerial Arts – 2024 - present

Dallas Circus Center in Dallas, TX 2022 - 2023

Independent practice and research, 2020 - 2022

SOAR in Dallas, TX - 2020

Vertical Fitness in Dallas, TX - 2019

Versatile Arts in Seattle, WA - May 2017 - May 2019 (now: New Moon Movement Arts)

Canopy Studio in Athens, GA - September 2014 - May 2017

American Circus Educators Member, 2024